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Jill's Plant-Based Thanksgiving Recipes 2016



Synopsis

If you're new to the plant-based lifestyle and feeling apprehensive about preparing a holiday dish or several dishes for your family, fret no more! Jill's Plant-Based Thanksgiving Dinner 2016 is a collection of recipes I prepared during Jill's Live Thanksgiving Palooza, a three-day cooking show I produced live on YouTube. I highly recommend you go watch me prepare all the recipes while following along with in this ebook. You'll learn all my survival tips and tricks to getting through the holidays. All 8 episodes of the cooking show can be found on my YouTube channel, Jill McKeever, Simple Daily Recipes, in a playlist entitled Thanksgiving Recipes 2016. My goal in writing this ebook and producing eight holiday cooking videos is to relieve you from the concerns of preparing a plant-based Thanksgiving for your family. If you only watch the videos, scroll through the recipes, and walk away feeling inspired and less apprehensive, I will call that a win! This epublication contains 26 family tested and approved holiday recipes.

MAKE AHEAD RECIPES

Baked Eggy Tofu
Jill's Trusty Cornbread
Fresh Cranberry Jam
OMGee Good! Cultured Cashew Cheese
Buttermilk Bread Rolls
Jill's Trusty Pie Crust
PIES & SNACKING
Max's Fancy Apple Pie
Charlie's Pecan Pie
Maggie's Pumpkin Pie
Jill's Sweet Potatoes
OMGee Good! Ranch & Onion Cheese Ball
Cashew-Chickpea Cheese with Smoky Pecans
Let's Party! Hot Veggie Dip
THE BIG DAY
Memaw's Cornbread Dressing
Savory Spinach Muffins
Creamy Mashed Potatoes
OMGee Good! Cream Gravy
Steamed Broccoli
CONDIMENTS
Fat Free Salad Oil
Flaxseed Gelly
Poultry Seasoning Blend
Ranch Style Seasoning
Seasoned Breadcrumbs
Simple Applesauce
Smoky Pecans
Vegan Worcestershire Sauce

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Customer Reviews

OMG! My meat based family absolutely LOVED the food I cooked from this. I made the corn bread dressing, (requiring me to make the egggy tofu and cornbread from these recipes), the "cheese" balls, (ranch flavored, requiring making the ranch seasoning, the cultured cashew cheese from the recipes), and the mashed potatoes. I would have made more, but it took me quite a few days. Since I love to make my own milk and yogurt for use on Thanksgiving, and my family's request of my sweet potato souffle - veganized, I didn't have time to make all the recipes in this book. I had to start prepping days ahead of time. I recommend watching Jill's videos on cooking these recipes and which to cook ahead of time. Before Jill's videos that cover this cookbook I had no idea casseroles could be cooked ahead of time, and reheated. (figuring out how to reheat these in an oven on the big day is another story entirely.) But, oh my goodness! The egggy tofu - when in the corn bread dressing, my family just ate it up. Cooked alone, that egggy tofu is so delicious and so simple to make. My picky eater grandson found food he liked at the dinner table - the mashed potatoes were a great hit for him, along with a bit of the cornbread dressing. Later, after dinner, I asked everyone what they thought of the tofu, should I cut it in smaller blocks - eliminate it? They all looked at me with puzzled faces, "What tofu?" They asked. Now, my two adult daughters grew up eating tofu in miso soup, etc. They are very picky tofu eaters. ONLY in miso soup, only super soft tofu. So, they were no strangers to tofu. And they had no clue I threw in tofu into the mixture. But, there it was sticking out in big square chunks - they just ate it all up without question. I call this Thanksgiving a success thanks to Jill's cook book.

Vegans and Plant Based Low Fat eaters are particularly stressed and often alienated at Thanksgiving. Especially their first thanksgiving! This book and the YouTube videos featuring these recipes will help anyone feeling confused about how to eat festively without meat, eggs, and dairy. I'll be the first to admit that Jill's style (enjoyed by many) gets on my nerves and sometimes I watch her videos muted. That being said she works hard to make this healthiest of lifestyles understandable

and doable for everyone. I admire her for that.

Thank you Jill for these great recipes just in time for the holidays. I watched all your youtube videos for your early Thanksgiving from start to finish and even did a repeat on the vegan cheese video. Keep up the good work. Hope you have great holidays in the coming season and during your usual holiday time off. Bless you and your family. Sincerely Janet Collins

Jill's recipes are amazing! The mashed potatoes and gravy made my Thanksgiving dinner so special. You can't go wrong with any of her recipes. She is such a joy to watch on youtube and I own several of her books.

I watched the videos first, then ordered the Kindle book. I have now made several of the recipes. Tasty and easy. I might have to tweak a few for our taste buds, but that's with any recipe. Love Jill's open friendly way.

Jill pulls it off again! Tasty and healthy dishes that are easy and require "normal" ingredients! The pictures in this book are beautiful as well!

I watched her 3-day demos and am so excited to try these recipes! I'll be making the dinner rolls for Christmas dinner!

If you're looking for easy holiday recipes that are not only plant-based, but mostly oil free, this is the ebook for you! And Jill is always happy to answer any questions!

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